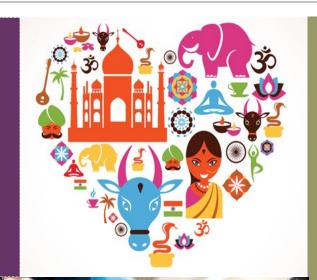
## SOUTH NEPEAN COMMUNITY HEALTH CENTRE



# What is STIGMA?

Join us in discussing and learning about mental health stigma



# CULTURE / DIVERSITY

Would you like to know more about different cultures?

DIVERSITY

KNOWLEDGE

**AWARENESS** 

**SENSITIVITY** 

RESPECT

COMMUNICATION



### Where:

4100 Strandherd Dr. Suite 201

### When:

Friday April 24<sup>th</sup> 6–8pm

#### Contact:

Zainab by email @ z.alali@pqchc.com or Susan 613-288-2825 extn. 2144

## **COME AND SPREAD THE WORD!**

LEARN about MENTAL HEALTH STIGMA AND RAISE
INTERCULTURAL AWARENESS

GAIN EXPERIENCE + VOLUNTEER HOURS

BECOME A LEADER



